



Advanced Climb at Baggy Point

Hello!

Thank you for booking on to one of our adventures. We really hope that your children have a fantastic time and will make sure that we do everything we possibly can to ensure that they have an adventure to remember! Here are the details of your booking - please could you read them through and check they are what you were expecting.

There will be a consent form to fill out on the day, but if there are any medical issues or dietary requirements that you think we need to know beforehand, then please just let us know by emailing thekidsadventurecompany@gmail.com (we have homemade brownies on this session!)

Meeting point

Meet at the Kids Adventure Company van, Baggy Point National Trust car park, Croyde EX33 1PA. You will need to pay to park, but if you are a National Trust member, remember to bring your card as it is free.

Here's a few tips to make sure you enjoy your session!

- Wear loose fitting trousers, a T shirt, a jumper, trainers with good grip and bring a waterproof jacket
- Bring your harness and climbing shoes if you have them in a small rucksack
- All safety equipment will be provided including harness and helmet
- Bring any medication including asthma inhalers
- Bring a water bottle
- If it is hot put sun cream on before the session
- There is a toilet in the car park (Baggy Point)
- Lastly and most importantly, come ready for a challenge with a smile on your face 😊

Get ready for a Great Adventure and see you there!

Jo and Mike